



As Against Child Abuse enters its 45<sup>th</sup> Anniversary, a series of celebration activities have been launched. Thanks to the funding from Dr. Patricia Ip Foundation Fund, the Child Protection Mobile Van had been reaching out to the districts such as Tuen Mun, Yuen Long, Tin Shui Wai, Kwai Chung and Tsuen Wan from 8 to 10 September and 13 to 15 September, having close communication with the public. Through this publicity event, we promoted our various services in prevention, education, crisis intervention, counselling and treatment, professional training, and advocacy, while conveying the messages of positive parenting and promoting family harmony. The body of the mobile van was decorated with a cute Squly and Friends pattern design, attracting many children and parents to visit. Parents were more interested in viewing the rich exhibition contents, including our services and milestones of development, positive parenting, impact of corporal punishment, and emotional care, while the children were happy to participate in the parent-child games on the van and obtain exquisite gifts. More importantly, it was a good time for parents and children to express love to each other through games. Thanks to the efforts of our volunteers and colleagues, nearly 1,600 families and about 4,800 people participated in this promotional event. We look forward to seeing you again in other districts in the first quarter of next year.



Against Child Abuse has been advocating for a mandatory reporting mechanism in Hong Kong to ensure early identification and intervention in serious child abuse cases. Through the concerted

efforts of the government's inter-bureau working group and stakeholders from relevant sectors, the "Mandatory Reporting of Child Abuse Ordinance" was gazetted on 19 July and will officially come into effect on 20 January 2026. This is an important milestone in protecting children. For effective implementation of the mechanism and ordinance, the priority in the 18-month transition period would be to accomplish preparation for the supporting measures, which include mandated reporter guide, regular trainings, emergency placement, manpower allocation, publicity and parental education. Protecting children is not the sole duty of professionals. Public awareness of child protection will also increase with the implementation of the ordinance. We earnestly hope for the working together of stakeholders such that children would grow and develop in a safe and caring environment.

We were invited by the Hong Kong Paediatric Society to co-organise the 「Child先Talks」 on 10 September. Our Chairperson Dr. Patrick Cheung, BBS, Executive Committee Member Dr. Anna Cheng and our Director Ms. Donna Wong shared the key contents of the "Mandatory Reporting of Child Abuse Ordinance" with professionals in the medical, health and social welfare sectors, and to promote collaboration among professionals in handling suspected child abuse cases through interactive discussion. More than 900 people actively participated in the talk.

**Donna Wong**  
Director

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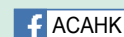
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Donation Online

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香港公益金  
THE COMMUNITY CHEST  
會員機構 MEMBER AGENCY

# The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust

The Healthy Start Home Visiting Project is initiated by the Against Child Abuse in 1997. This project aims at facilitating parents-to-be who live in Tuen Mun, Yuen Long and Tin Shui Wai to develop a set of skills and concepts in order to nurture their newborn babies in a healthy and safe manner, and learn breastfeeding skills by means of home visitations, trained volunteers' support and parents activities. These help minimize anxiety and stresses in the pre- and post-natal stages and in child care, facilitating families to appreciate the true "joy of life".

## To Compose with Child, to Grow with Child Parent Education Talk and Baby Birthday Party

To share the joy of life, we hold birthday parties to celebrate every year. This year, on 20 July, we organised the To Compose with Child, to Grow with Child Parent Education Talk and Baby Birthday Party at Ho Ngai College (Sponsored by Sik Sik Yuen). Approximately 30 families participated, marking the first large-scale birthday celebration since the pandemic. It was a special opportunity for families to reunite and share the joyful learning moments together.

### Music for Children

We invited Ms. Chan Ka Hei, a registered music therapist from Australia, to lead a talk for parents on Using Music to Support Children's Language Development. She shared insights on how music connects with language development, explaining that the sense of rhythm can help children better grasp the rhythm and intonation of language through singing and prosody. Ms. Chan also demonstrated how to use songs about fruits and pictures to engage children in focused learning, helping them memorize different fruits, recognize colors, and interact with one another. The participating parents were highly engaged, and the speaker further expanded with live music interactions with the audience.

### Birthday Celebration and Interactive Games

After the seminar, we gathered in the activity room for parent-child games, including a scavenger hunt and music interactive games. Everyone joined in singing the birthday song, showering the birthday child with warm wishes.

In addition to the volunteers who assisted with childcare during the event, some volunteers also took on the roles of emcee and gift ambassadors. Also some volunteers prepared a variety of delicious, age-appropriate foods for a delightful feast. The atmosphere was filled with joy, and everyone enjoyed a delightful morning. We sincerely thank every volunteer who had dedicated their time to support the baby birthday party, making this event a success!

**Yoyo Poon**  
Project Social Worker



# Summary of Major Activities for July to September 2024

Month	Project/Title	Activity
July	45 <sup>th</sup> Anniversary Event	<ul style="list-style-type: none"> <li>• ISPCAN Webinar on Driving Change in Far-East Asia's Child Protection Systems: Impactful Collaborative Efforts on 10 July</li> </ul>
July to August	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Summer Programme               <ol style="list-style-type: none"> <li>1. Fun Board Game Group on 17, 24, 31 July, 7, 14 and 21 August</li> <li>2. Creative Craft Class on 17, 24, 31 July, 7, 14 and 21 August</li> <li>3. Group Leaders and Members Training on 3, 10 and 17 August</li> <li>4. Joyful Kids Day Camp on 6 August</li> </ol> </li> </ul>
July to September	Child Protection Institute	<ul style="list-style-type: none"> <li>• Workshop on Identification and Handling of Suspected Child Abuse Cases on 3 July</li> <li>• Workshop on Introduction of ACA Service and Child Protection in Hong Kong on 4 July and 20 August</li> <li>• The Hong Kong Committee on Children's Rights Conference: Sharing on Violence Against Children on 5 July</li> <li>• CityU Counselling Graduates Association (CGA) Panel Talk: Walking with Children on 9 August</li> <li>• Parent Talk on Sex Education in Families on 24 August</li> <li>• The Hong Kong Paediatric Society: Mandatory Reporting of Child Abuse – Interactive Discussion and Practical Tips on 10 September</li> <li>• Student Talk on Respect Self and the Others on 12 September</li> <li>• Student Talk on Recognise our Emotions on 13 September</li> <li>• Parent Group on Positive Parenting on 17, 20, 24 and 27 September</li> <li>• Student Talk on Recognise Stress and Solutions on 23 and 27 September</li> <li>• Identification, Assessment and Intervention of Suspected Child Abuse Case Certificate Course on 25 September</li> </ul>
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> <li>• Tuen Mun Wild Experience on 16 July</li> <li>• Expressive Arts Therapy Group on 18, 25 July, 1 and 8 August</li> <li>• Master Chef Junior Cooking Group on 18, 25 July, 1 and 8 August</li> <li>• Happy Messy Play Infant Group on 30 July, 6, 13 and 20 August</li> <li>• ACA Tuen Mun Go Out! – Outdoor Group on 5, 12, 19 and 26 August</li> <li>• Honey Family – Parent-child Dessert Group on 5, 12, 19 and 26 August</li> <li>• Parent Leisure Corner – Handicraft and Cooking Activities on 3 and 10 September</li> <li>• Children Leisure Corner – Handicraft and Cooking Activities on 6, 13 and 27 September</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• Parent-child Activity               <ol style="list-style-type: none"> <li>1. Writing Workshop on 19, 26 July, 2 and 9 August</li> <li>2. Fun Stories on 19, 26 July, 2, 9, 16 and 23 August</li> <li>3. DIY Wooden Ornaments on 20 July</li> <li>4. Natural Indigo Dyeing Workshop on 17 August</li> <li>5. Trip to Ocean Park 2024 on 24 August</li> <li>6. PlayScope Big Play Tour on 21 September</li> </ol> </li> <li>• Summer Tasty Serradura Pudding on 20 July</li> <li>• Committee Meeting on 27 July, 26 August and 30 September</li> <li>• Parents' Tea Gathering on 29 July, 26 August and 30 September</li> <li>• Back-to-school Summer Bash on 31 August</li> <li>• Volunteer Training – Starry Sky Lamp on 7 September</li> <li>• ISF Volunteer Training on Protecting Children from Maltreatment on 10 and 24 September</li> <li>• Mid-Autumn Festival Celebration on 13 September</li> <li>• Birthday Party (July to September) on 28 September</li> </ul>



## Month

## Project/Title

## Activity

July to September

Healthy Start  
Home Visiting Project

- Volunteer Basic Training Course on 6 July
- To Compose with Child, to Grow with Child Parent Education Talk and Baby Birthday Party on 20 July
- Post-natal Care Support Volunteer Basic Training on 6 September

Good Parents'  
Networking Project

- Summer Parent-child Activity
  1. Movie Watching on 15 July
  2. Handicraft Clay Photo Frame Workshop on 25 July
  3. Sand Drawing Workshop on 31 July
  4. Summer Vibe Party on 11 August
  5. Balloon Twisting Workshop on 17, 19 and 26 August
- Shek Lei Service Promotion Booth on 24 July
- Explosive Volcano DIY Workshop on 2 August
- Children Summer Magicians on 15 August
- Bread Pudding Making Day on 21, 26 and 31 August
- Parent-child Outing: Bread-making Workshop on 30 August
- Parents Committee Gathering on 9 September

Daylily Project for  
Young/Single Mothers

- Volunteer Gathering – Fun Day of Board Game on 6 July
- Family Sharing Forum
  1. Relaxation on 8 July
  2. Savory Life: Visit to Tai Kwun on 14 July
  3. Enjoy Entertainment: Happy Movie Time on 22 July
  4. Parent-child Communication in Games and Enjoy Quality Communication on 2 August
  5. Happy Drawings on 10 August
  6. Sunday Board Game Fun on 18 August
  7. Mandala Painting Experience Day on 24 August
  8. Happy Journey in Cube O Discovery Park on 14 September
  9. Traditional Chinese Medicine and Emotional Health Parents' Talk on 20 September
- Volunteer Advanced Training
  1. Mental Health on 18 July
  2. Home Visitation Skills and Crisis Management on 23 August
  3. SEN Children: Needs and Support on 12 September

Bless My Home Forever  
Volunteer Home Visitation Project

- Family Sharing Forum
  1. Relaxation on 8 July
  2. Having Good Emotions (I) & (II) on 22 July
  3. Having More Entertainment with the Family X Ocean Park Tour on 2 August
  4. Be Healthy, Be Happy on 22 August
  5. Healthy Meals on 22 August
  6. Be your Child's Support on 28 August
  7. How Family Education Affects Children's Development on 10 September
  8. Healing Power of Animals X Environmental Protection on 14 September
- Volunteer Training: Home Visit Skills and Crisis Management on 23 August

Parent-child Support Line

- Minibus Body Advertising from 1 July to 30 September
- KMB Electronic Advertising at Bus Shelters from 12 to 25 August
- Advertising at New Media Magazine Website from 16 to 22 August

August

Kids' Dream

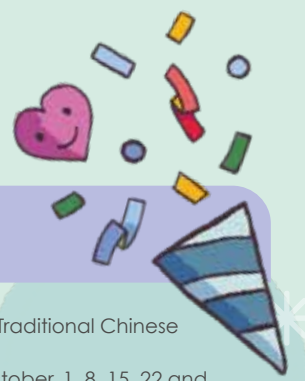
- Kids' Dream 18<sup>th</sup> Anniversary Party on 25 August

Month	Project/Title	Activity
August to September	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Parent-child Play Workshop               <ol style="list-style-type: none"> <li>1. Joyful Block Play on 12 and 19 August</li> <li>2. Playing Board Games with Kids on 22 and 23 August</li> </ol> </li> <li>• Parent-child Activity               <ol style="list-style-type: none"> <li>1. Pizza Making on 17 August</li> <li>2. Family Photo Shooting on 8 September</li> </ol> </li> <li>• Positive Parenting (V) Learn about Parent-child Reading Skills on 6, 13, 20 and 27 September</li> <li>• Positive Parenting (VI) Build It Yourself – Mid-Autumn Festival Workshop on 10 and 14 September</li> <li>• Parents Talk on 20 September</li> </ul>
September	Play Connect Happy Growth Positive Parenting Project	<ul style="list-style-type: none"> <li>• Interactive Play and Positive Parenting Talk on 21 September</li> </ul>



## Forthcoming Events for October to December 2024

Month	Project/Title	Activity
November	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> <li>• The 45<sup>th</sup> Annual Press Conference and Annual General Meeting on 14 November</li> </ul>
October to November	Parent-child Support Line	<ul style="list-style-type: none"> <li>• Minibus Body Advertising from 1 October to 29 November</li> </ul>
October to December	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> <li>• Parent Leisure Corner – Handicraft and Cooking Activities on 7, 21 October, 11, 25 November, 2 and 9 December</li> <li>• Children Leisure Corner – Handicraft and Cooking Activities on 18, 25 October, 1, 8 and 23 November</li> </ul>
	Healthy Start Home Visiting Project	<ul style="list-style-type: none"> <li>• Volunteer Training (Breastfeeding) Course on 19 and 26 October</li> <li>• Visit to Hong Kong Ocean Park on 2 November</li> <li>• Child Rearing Lesson for New Parents on 30 November and 7 December</li> <li>• Nurturing Kids in Nature and Wild Parent Talk and Baby Birthday Party on 14 December</li> </ul>
	Play Connect Happy Growth Positive Parenting Project	<ul style="list-style-type: none"> <li>• Messy Playgroup for 18-24 months Toddlers and Parents (I) on 14, 16, 21, 23, 28, 30 October, 4 and 6 November</li> <li>• Parent-child Playgroup for 12-18 months BB (I) on 18, 25 October, 1, 8, 15, 22, 29 November and 6 December</li> <li>• Pre-School Adaptation Playgroup (I) on 18, 20, 25, 27 November, 2, 4, 9 and 11 December</li> <li>• Parent-child Activity (I) – Christmas Party on 13 December</li> </ul>
	Chuk Yuen Centre Family Corner	<ul style="list-style-type: none"> <li>• ISF Volunteer Training on Protecting Children from Maltreatment on 15 and 22 October</li> <li>• Parent-child Handmade Creations on 19 October</li> <li>• Parent-child Fun Day on 26 October</li> <li>• Parents' Tea Gathering on 28 October, 25 November and 16 December</li> <li>• Committee Meeting on 29 October and 25 November</li> <li>• Gentle and Firm Parenting Parents Group on 7, 14, 21, 28 November, 5 and 12 December</li> <li>• Change Your Words, Change Their World Parents Sharing Session on 16 November</li> <li>• Birthday Party (October to December) on 14 December</li> </ul>



Month	Project/Title	Activity
October to December Medicine	Project Illuminating	<ul style="list-style-type: none"> <li>• ACA Illuminating Caregivers Workshop Roadshow (I) – Traditional Chinese Diet Therapy on 18 October</li> <li>• Caregivers Mutual Help Group (I) – Living Arts on 25 October, 1, 8, 15, 22 and 29 November</li> <li>• The Illuminating Academy (I) – Floriculture on 13, 20, 27 November, 11 and 18 December</li> <li>• Mental Health-related Activities for Children and Adolescents (I) and (II) on 1 December</li> <li>• Caregivers Mutual Help Group (II) (The 5 Love Languages) on 6, 13 and 20 December</li> <li>• Shine on You Parent-child Activities (I) and (II) on 15 December</li> </ul>
	Good Parents' Networking Project	<ul style="list-style-type: none"> <li>• Good Parents Training on 2, 7, 9, 12, 14, 16, 19, 21, 23 and 28 October</li> <li>• Children Autumn Magicians on 19 October</li> <li>• "Give Me 5" Parent-child Fun Day on 26 October</li> <li>• Parent-child Activity               <ol style="list-style-type: none"> <li>1. Happy Trip to Ocean Park on 2 November</li> <li>2. X'mas Treasure Mystery on 14 December</li> <li>3. Go Yakult! on 27 December</li> </ol> </li> <li>• Birthday Celebration (July to December) on 29 November</li> </ul>
	Joyful Kids Group	<ul style="list-style-type: none"> <li>• Halloween Party on 26 October</li> <li>• Training Session for Elderly Service on 16 November</li> <li>• Visit to Elderly Centre on 23 November</li> <li>• Christmas Love Action on 14 December</li> </ul>
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> <li>• Sachet Making on World Mental Health Day on 19 October</li> <li>• Carnival 2024 on 2 November</li> <li>• Advanced Volunteer Training (VII) &amp; (VIII): Child Care on 8 November</li> <li>• Laughter Yoga Fun Day on 16 November</li> <li>• Positive Thinking Parents Talk on 30 November</li> <li>• Volunteer BBQ Gathering on 1 December</li> <li>• Happy Family: Christmas DIY Workshop on 13 December</li> <li>• Christmas Party on 13 December</li> </ul>
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> <li>• Batterer Intervention Therapeutic Group for Parents (III) on 2, 9, 16, 23, 30 October, 6, 13 and 20 November</li> <li>• Stress Management Group for Parents with Depressive Features (III) on 3, 10, 17, 24, 31 October, 7, 21 and 28 November</li> <li>• Parent-child Hong Kong Ocean Park Visit on 2 November</li> <li>• Volunteer Gathering on 7 December</li> </ul>
	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> <li>• Orientation for New Volunteers on 25 October and 16 November</li> <li>• Volunteer Training on Introduction of Mindfulness on 16 November</li> <li>• Family Sharing Forum               <ol style="list-style-type: none"> <li>1. Family Role Exchange on 14 December</li> <li>2. Family Members are Athletes X Christmas Party on 14 December</li> </ol> </li> </ul>
November to December	Child Protection Institute	<ul style="list-style-type: none"> <li>• Workshop on Identification and Handling of Suspected Child Abuse Cases on 6 November, 9 and 16 December</li> </ul>
December	Flag Day	<ul style="list-style-type: none"> <li>• Care for Children • Build a Brighter Future N.T. Region Flag Day on 21 December</li> </ul>

# \*Good Parents' Networking Project

Sponsored by Fu Tak Lam Foundation Limited



The Good Parents' Networking Project provides parenting education activities for families in the Kwai Tsing District. Through the efforts of positive parenting training courses and parent-child activities, the project aspires to strengthen parent-child communication, foster family harmony, and create a spirit of mutual aid in the community.

To celebrate the summer vacation with children, we organised a series of enriching and exciting parent-child activities from July to August. The activities covered a variety of themes, such as arts and crafts, science experiments, and baking, including Making of Handcraft Clay Photo Frame on 25 July, Sand Drawing on 31 July, Balloon Twisting Workshop on 17, 19 and 26 August, Explosive Volcano DIY on 2 August and Bread Pudding Making Day on 21, 26 and 31 August. During the process, parents and children shared ideas and creativity, enhancing their interaction and communication. At the same time, craft-making can stimulate children's imagination, develop their hand-eye coordination and fine motor skills, and boost their sense of accomplishment.



We also held Summer Parent-child Activity Movie Watching on 15 July, Summer Vibe Party on 11 August and Parent-child Bread-making Workshop on 30 August. Parents and children not only created lasting, delightful memories, but also enjoyed closer relationships and developed stronger family cohesion.

In addition to parent-child activities, Summer Magicians was organised on 15 August. Instructors taught children how to perform magic tricks by using simple props. This helped cultivate the children's focus and enhance their self-image.

In terms of public education, we held exhibition booths in Shek Lei on 24 July in order to get in touch with more parents in the community. Through service outreach, child protection messages and positive parenting skills are promoted.

**Mia Cham**  
Project Social Worker

# \*Parent-child Support Line

Sponsored by Fu Tak Iam Foundation Limited

ACA Parent-child Support Line continues to provide Support Line service to support families in crisis, prevent child abuse, promote child protection, and spread positive parenting messages to parents, children, teenagers, professionals and the general public. With the continuous changes in the social environment, parents are facing increasing mental stress and challenges in taking care of their children. Our hotline aims at raising awareness and encouraging children and parents in need to seek help.

Therefore, we conducted a series of service promotion and advertising campaigns in August. We have placed advertisements on Economic Digest Magazine and New Media Magazine website for service promotion. Furthermore, from 12 to 25 August, we launched a TV campaign at KMB bus shelters to promote our hotline service to the public and encourage people in need to proactively seek help.

Yvonne Wai  
Project Officer

# Play Connect Happy Growth Positive Parenting Project

Sponsored by Save the Children Hong Kong

A 2-year project "Play Connect Happy Growth" Positive Parenting Project was commenced on 1 July 2024. This project, for families with toddlers aged 12 to 30 months, aims to foster parent-child relationship and strengthen positive parenting through parent-child playgroups and parent education.

This project is divided into three parts, including Sensory Play Groups, Positive Parenting Programs and Community Education Programs. Sensory Play Groups provides a platform for parents and toddlers to enrich their bonding through games. Meanwhile, children's cognitive development and emotional expression can be enhanced through sensory activities. Also, this group-based approach allows parents to share experiences and information about community, helping to form a supportive network.

In Positive Parenting Programs and Community Education Programs, the project creates its impacts on positive parenting through educational talks, parenting training workshops and parent-child mass programs at our centre. Besides, we will work with kindergartens and primary schools to promote interactive play and positive parenting techniques. Last but not least, we will conduct street booths to promote child protection and positive parenting. The project aims to provide resources for parents to seek guidance on effective parenting strategies building up a positive nurturing environment for children to grow and develop.

Michelle Wong  
Project Social Worker



Parent-child Support Line:

# 2755 1122

Service:

9:00a.m. - 9:00p.m.  
(Monday to Friday)

9:00a.m. - 1:00p.m.  
(Saturday)

**Against Child Abuse**  
防止虐待兒童會

葵涌護兒中心

「童伴童玩」正面管教計劃

**服務內容**

- 12-18個月 親子Playgroup**
  - 促進适龄技能學習
  - 激發創意和想像力
  - 大小肌肉發展
- 18-24個月 親子Messy Playgroup**
  - 感官刺激學習
  - 增強情緒表達能力
  - 提升自我控制能力
- 學前 適應小組**
  - 銜接升讀/面試幼稚園
  - 提升認知能力
  - 聆聽及專注力

「從 intention 中與孩子建立和親子關係」講座  
親子活動  
家長研習工作坊  
正面管教工作坊

**計劃對象**

♥ 育有12-30個月大的幼兒的家庭 (低收入家庭優先)

聯絡詳情  
香港新界葵涌大埔道112-114號TL1112二樓中室  
2916 0487 2916 9798 www.aca.org.hk  
此計劃有進一步查詢或轉介, 歡迎與「童伴童玩」正面管教計劃社工聯絡

資助及合作機構

**Save the Children**  
救助兒童會

香港心連心  
Save the Children  
香港總辦事處



# \* Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong



The Bless My Home Forever Project aims to support families living in the Sham Shui Po District. Through regular volunteer home visitations, sharing sessions, community education and parent-child outings, the project helps participating families foster a desirable environment in which children can grow up in. They learn knowledge and skills in strengthening positive parenting, children's safety, community resources and ways to enhance parent-child relationships.

The Project invited social worker, Ms Wong Lee Ki, from the Sham Shui Po District Health Centre to share health information with the project families on 22 August 2024. The families not only learnt about the relationship between health and emotions but also understood how to manage their children's health. Besides, the social worker introduced the facilities and services of the District Health Centre. The project families could learn more about the community resources and sign up for the Centre's activities in the future. On the same day, another social worker from the District's Health Centre was also invited to prepare nutritious snacks for the families and promote a healthy diet. The parents and children expressed that the snacks were delicious and planned to make them again at home.

**Yan Yu**  
Social Worker



# Daylily Project for Young/Single Mothers

Sponsored by the Community Chest of Hong Kong



The Daylily Project aims to support young or single mothers in their self-development, emotional needs, childcare practices, and in building up a rich social network.

This summer, we encouraged parents to attend a sharing forum on relaxation and positive parenting. Additionally, we were pleased to work with our project volunteers, volunteers from Hong Kong Red Cross plans, Midland Realty and Emperor Group to organise various activities for our target families in the summer holidays, such as a Day Tour to Ocean Park, Sunday Boardgame Fun, Visit to Tai Kwun, Happy Drawings, Mandala Painting Experience Day and Enjoy Movie Time. Through these activities, we hope to facilitate families to enjoy happy moments and improve parent-child quality time.

Besides, we organised volunteer gatherings and volunteer advanced trainings with the themes of Mental Health, Home Visitation Skills and Crisis Management and SEN Children: Needs & Support regularly. We aim to equip our volunteers with home visitation skills and strengthen their cohesion, giving better support to the target families.

**Novel Ng**  
Development and Training Manager

# \* Joyful Kids Group – Child Development Group



Joyful Kids is a group formed by children aged 7 to 17 and some young volunteers, aiming to facilitate personal growth and the all-round development of children and youth, the Group provides training and voluntary services to help members unleash their full potential.

During the summer vacation, we organised a series of activities, including six sessions of Fun Board Game Group, six sessions of Creative Craft Class, five sessions of Leaders Training, and Joyful Kids Day Camp, aimed at enhancing the skills of our members and promoting their social, emotional, and cognitive development, as well as fostering their sense of belonging. Members built friendships during the activities and learned to interact with groupmates of different ages. In particular, in the Board Game Group, members had to consider the needs of younger participants and respect each other's preferences, accommodating one another. After six sessions, members showed significant improvement in logical thinking, patience, and tolerance, and they were able to negotiate independently, enjoying many joyful moments together.

Another important goal of this year's summer activities was to strengthen members' self-awareness and collaboration skills. The design of activities in the leadership training and day camp included many self-exploration tasks, such as rock climbing and individual problem-solving challenges, allowing members to understand their strengths and weaknesses and promote personal growth. Members also learned how to resolve conflicts through group activities, thus enhancing their ability to cooperate and communicate with others.

Additionally, in the Creative Craft Class, members learned various creative mediums and methods, such as Zentangle and Decoupage. The sense of achievement after completing their projects further boosted their confidence.

**Yeung Sze Nga**  
Project Social Worker



# \*Chuk Yuen Centre Family Corner



Chuk Yuen Family Corner continued to bring a variety of activities to Wong Tai Sin residents, hoping to promote parent-child relationships and strengthen the community through diverse events.

In January, we held the Writing Workshop for Parents which some participants expressed a desire for the workshop to be conducted in a parent-child format, allowing both parents and children to learn penmanship and writing skills together. In response, the Family Corner took advantage of the summer break and organised 4 sessions of Parent-child Writing Workshop from July to August, enabling parents and children to participate together. Seven pairs of parent-child participated. During the program, we observed that the parents' positive learning attitude served as a role model for their children, and we encouraged parents to incorporate this role modeling into their daily lives, starting a good learning attitude and be their children's role models.

On 17 August, with the sponsorship of Asian Alliance (HK) CPA Limited, the Family Corner hosted a Natural Indigo Dyeing Parent-Child Workshop. Nine pairs of families participated in the program. We invited parents and children to learn about the role of natural dyes in protecting the environment and to experience the fun of tie-dyeing. Although it was their first time tie-dyeing, participants quickly grasped the basic techniques under the guidance of the instructor. During the hands-on session, parents and children needed to help each other, share their ideas, and collaboratively create a unique piece that belonged to them. It is truly a good experience!

In the evening of 13 September, the Family Corner held the CYFC Mid-Autumn Festival at Chuk Yuen North Estate. The event applied for funding through the Community Involvement Program in Wong Tai Sin District, supported by the Home Affairs Department. The program included Solving Riddles, Booth Game, and Starry Sky Lamp Workshop. At 4pm on the day of the event, volunteers and staff began hanging lanterns and string lights for decoration, instantly filling the venue with a festive atmosphere. By 6pm, the Mid-Autumn Festival celebration officially began, and residents, both adults and children, came to join the festivities. They actively participated in the riddle guessing and booth activities, creating a lively atmosphere. Meanwhile, the Starry Sky Lamp Workshop gradually illuminated various colorful starry balls, becoming one of the highlights of the event, with many locals praising their beauty! During the middle of the event, it began to rain. With the assistance of volunteers, we moved the event to the center's conference room and the area under the awning. Although it drizzled throughout, this did not deter the community's participation, as the flow of people continued until the event ended at 9pm. The Mid-Autumn Festival celebration attracted over 900 participants, successfully creating a joyful festive atmosphere in the community, promoting interaction among family members, and fostering community cohesion. Both volunteers and staff felt happy and fulfilled!

**Mandy Ma**  
Social Worker



# \*Child Abuse Treatment Corner\*

Sponsored by Fu Tak lam Foundation Limited



## Joyful Block Play Parent-child Workshop

On 12 and 19 August, Joyful Block Play Parent-child Workshop was held at Kwai Chung Center. During the event, participants engaged in simple cooperative games using six-colored building blocks, adding an element of fun to the activity. Children not only enjoyed the workshop, but also learned about four basic emotions — joy, anger, sorrow, and happiness through the use of the six-colored building blocks. They also explored methods and techniques for positive emotional expression. Additionally, with the assistance of building blocks, children were able to express their emotions more concretely.

## Parent-child Pizza Making

The plan supported families in participating in a parent-child pizza-making activity. Participants had the opportunity to visit a pizza factory together on 17 August and make their own pizzas. Families experienced the process of pizza-making, selected ingredients and baked the pizza with the chef's guidance. The event not only allowed parents and children to bond over a fun experience but also enhanced children's hands-on skills and creativity. Families chose various toppings by themselves, created unique pizzas, and improved communication and cooperation with each other during the creation process. In the end, everyone enjoyed the delicious pizzas they made themselves and shared with everyone else the joy of their success.

## Playing Board Games with Kids

The Playing Board Games with Kids event, held at Kwai Chung Center on 22 and 23 August, aimed at emphasizing the importance of games for parents and children through tabletop games. During these two days, families had the opportunity to participate in a variety of board games together, enhancing interaction between parents and children. This not only promoted better communication skills and a spirit of cooperation in children but also allowed them to learn in a relaxed and enjoyable atmosphere. Through this event, parents could observe their children's performance during the games, share the joy of playing together, and further strengthen parent-child relationships. We look forward to seeing more families participate in future events and enjoy the happy moments that games bring!

Chan Wing Yan  
Project Social Worker



# \*Child Protection Institute

We put much effort into prevention, advocacy and education to enhance public awareness of Child Protection and promote the Child Protection Policy (CPP) to safeguard children's rights in our society. The Mandatory Reporting of Child Abuse Bill was gazetted on 19 July 2024. Frontline workers from the social welfare, health and education sectors are required to report suspected child abuse cases. Professionals are concerned about its implementation and the awareness in child protection. Recently, there are many enquires and applications from schools and organisations for the Child Protection Institute's trainings workshop on the Identification and Handling of Suspected Child Abuse Cases and certificate courses on Identification, Assessment and Intervention of Suspected Child Abuse Case. We hope to facilitate the multi-disciplinary professional collaboration, to promote advocacy on Child Protection Policy and the practice of children's rights in Hong Kong for children's well-being.



**Novel Ng**

Development and Training Manager

## Tuen Mun Centre Family Corner



社會福利署資助服務  
Subsidised Services by the Social Welfare Department

### Summer Activities

Tuen Mun Centre organised a series of summer activities from July to August to help children develop self-care abilities and build self-confidence through workshops and activities. Honey Family Parent-child Dessert Group made different types of desserts, such as cranberry cookies and taro balls, allowing children and parents to share their effort with each other. The Little Chef Training Class – Children's Self-care Group taught children basic cooking skills and cultivated children's self-care ability through purchasing ingredients, preparing materials and cooking techniques. The first three lessons taught children how to cook cuisines from different countries and regions, such as Japanese, Korean, Western, and Southeast Asian. In the last lesson, the children decided on their recipes and worked together to complete different dishes.



ACA Tuen Mun Go Out! was held near our

centre and the parks in Tuen Mun, Tin Shui Wai and Yuen Long District. The activities allowed children to understand the importance of teamwork and develop their interest in orienteering, map reading skills and orienteering strategy abilities, thereby building self-confidence. Messy Play – a multi-sensory playground for children utilises multi-sensory games in different scenarios to increase sensory stimulation and skills in getting along with others, making parents and children happy.

After accomplishing the summer activities, a sharing session and volunteer celebration ceremony was held to thank all volunteers for their assistance in the centre's summer activities. They also shared their experiences throughout the programmes.

**Dominic Wong**

Service Manager (Tuen Mun Centre)

# Project Illuminating

## Sponsored by Dr Patricia Ip Foundation Fund

**Against Child Abuse**  
防止虐待兒童會

**45th Anniversary**  
週年紀念

慶祝：香港社會服務界週年紀念

**照·亮計劃 - 照顧者互助小組**  
**相愛的言語**

**日期:** 2024年12月6, 13, 20日,  
2025年1月3, 10, 17日 (五) (共6節)

**時間:** 上午09:30 - 上午11:30 (每節2小時)

**地點:** 防止虐待兒童會 (屯門中心)

**對象:** 18歲以上照顧者

**名額:** 8名  
(如報名人數超出上限將抽籤決定)

**費用:** 全免

**內容:** 註冊社工帶領照顧者找出每人獨特的「愛之語」, 探索他們對伴侶及子女表達愛的方式, 並透過與「同路人」討論和參與遊戲, 促進親子關係, 增強正向管教技巧與溝通的能力。

**負責職員:** 林姑娘 (註冊社工)

**查詢:** 致電中心職員何小姐 (2450 2244)

活動報名

香港公益金  
The Charitable Fund  
會員機構 02171

In recent years, the mental health of children and their caregivers has always been a concerning issue in the community. Against Child Abuse has released a 2-year project, Project Illuminating (PI Project), which aims at showing concern for the mental health of caregivers and children. The programmes include family interviews, mental health promotion workshops, caregiver groups, parent-child activities, mental health-related activities for children and adolescents, drama therapy and creative arts therapy. The Caregivers' Life Exhibition will be conducted recapping the whole project. Moreover, the project provides knowledge and trainings about mental health and positive parenting skills, which enhances parent-child relationships and promotes the public awareness and understanding towards mental health.

The PI Project has launched promotional activities since August 2024. Upcoming activities from October to December will include: 1) The ACA Illuminating Caregivers Workshop Roadshow – Talk on Chinese Medicine Dietary Therapy. A Hong Kong registered Chinese Medicine Practitioner will be invited to deliver a live demonstration on Chinese soup-making, as well as sharing the techniques of improving the mental health of caregivers with the use of acupoint massage and Chinese Medicine Dietary Therapy; 2) The Caregivers Mutual Help Groups with the theme of Living Arts and The 5 Love Languages will be conducted. These groups aim at facilitating parent-child relationships and strengthening their positive parenting and communication capabilities; 3) The Illuminating Academy – Floriculture course will be organised. The course, led by a certified Florist, will touch on technique of flower care, flower arrangement, bouquet-production and basic floral design.; 4) The Mental Health-related Activity for Children and Adolescents – Escape Room Activity, which enables children and adolescents to resolve problems and riddles in a

teamwork settings, will be conducted. This helps develop and train participants' collaboration, communication, problem-solving, logical-thinking, observation and reasoning skills; 5) The Shine on You Parent-child Activity – Outdoor BBQ and Fun Day will be conducted in mid-December. Parents and their children will enjoy their Quality Time together throughout the activity. A Registered Social Worker will lead parent-child fun games and assign designated challenges. The activities aim to facilitate the positive communication skills among parents and children, as well as to equip parents with positive parenting techniques.

The PI Project will distribute information leaflets to local community organisations and schools quarterly, with the details of activity enrollment methods. Activity details will also be posted in ACA Facebook page. For inquiry, please contact Ms Lam at Tuen Mun Centre at 2450 2244.

**Lam Mei Yin**  
Project Social Worker

Acknowledgement: Services funded by  
"Dr Patricia Ip Foundation Fund"

