



Against Child Abuse wishes you and your family a happy and healthy Year of the Snake! At the start of the New Year, we would like to take this opportunity to thank all who have unfailingly supported us over the years. We pray we will continue to have your gracious support in working together with us to create a safe and caring environment for the optimal growth of our children!

On 14 November 2024, we concluded our work in 2023/24 at the Annual General Meeting and released our significant events, hotline statistics and recommendations on child protection through a 45th Anniversary Press Conference. Our statistics showed that the majority of suspected abused children were aged six to eight. 70% of suspected abusers were family members. Of the suspected child abuse cases, physical abuse accounted for the highest proportion, followed by child neglect. Among multiple abuse cases, physical and psychological abuse accounted for the largest number, and leaving children unattended topped the number of child neglect cases. As for the risk factors of suspected child abuse or parenting difficulty cases, 65% were suspected abusers related. The highest proportions were child rearing and parenting skill deficiency, emotional or psychological problems, expectations too high for children, and marital problems. Besides, it is common for children to use the Internet and smart phone for learning, entertainment or socializing. This has increased their risk being exposed to potential perpetrators online. Early problem identification to render assistance is the key in child protection. On the advocacy front, we suggest the government to well prepare relevant supporting measures before the "Mandatory Reporting of Child Abuse Ordinance" takes effect and weave a comprehensive protection net for children as early as possible; to consider the recommendations in the Final Report by The Law Reform Commission of Hong Kong on "Causing or allowing the

death or serious harm of a child or vulnerable adult" and introducing the new offence and reviewing the maximum penalty under section 27 of the Offences against the Person Ordinance (Cap. 212); to the totally banning of corporal punishment including in the home; to promote positive parenting methods and organizational child protection policies in the community; to set up mandatory Sex Conviction Record Check System, implement comprehensive school sex education, and formulate policies and regulations to ensure online safety; to raise concern about the impact on children of witnessing domestic violence and being bullied at school; to allocate more resources for early prevention of child abuse and parent support services, etc. At the press conference, a social worker and a volunteer of Daylily Project for Young/Single Mothers shared how the project helped single mothers overcome difficulties and regain strength. For details of the press release, please visit our website (www.aca.org.hk).



Thanks to the funding from Dr Patricia Ip Foundation Fund, we collected 45 articles meticulously written by our social workers. The articles were compiled and published in the form of a pocket book on parenting. The contents of the book focused on children's growth, positive parenting,

parent-child communication, inspiring potential, emotional management, good use of technology, and so on. It is a collection of experiences and insights from practices of our colleagues. We hope that this informative and practical little book can inspire parents and people working with children to think about the elements of nurturing children's growth, walk with children, and help them establish positive values and meet various growth challenges healthily and happily.

Donna Wong
Director

Head Office: 13/F, Corn Yan Centre, 3 Jupiter Street, North Point, Hong Kong **Tel:** (852) 3542 5722 **Fax:** (852) 3542 5709 **E-mail:** aca@aca.org.hk
Chuk Yuen Centre: 107-108, G/F, Wai Yuen House, Chuk Yuen (North) Estate, Wong Tai Sin, Kowloon, Hong Kong **Tel:** (852) 2351 6060 **Fax:** (852) 2752 8483
Tuen Mun Centre: 407-409, Ting Cheung House, On Ting Estate, Tuen Mun, New Territories, Hong Kong **Tel:** (852) 2450 2244 **Fax:** (852) 2457 3782
Kwai Chung Centre: Flat A, 2/F, TLP132, Nos. 132-134 Tai Lin Pai Road, Kwai Chung, New Territories, Hong Kong **Tel:** (852) 2915 0607 **Fax:** (852) 2915 0788



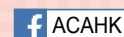
www.aca.org.hk



Donation Online

Editorial Team: Dr Patrick Cheung, Ms Donna Wong,
Ms Pearl Lee, Ms Agnes Kwong,
Mr Patrick Wong, Mr Douglas Pea

Published by Against Child Abuse Ltd.



ACAHK



AgainstChildAbuseHK



香港公益金
THE COMMUNITY CHEST
會員機構 MEMBER AGENCY



Child Protection Institute

Emotional Education for Parents: Becoming Your Child's "Emotional Coach"

As parents, it can be incredibly frustrating seeing your child throw tantrums, scream, or cry over trivial matters! You may have tried various methods to handle these outbursts, but found little success, feeling helpless, if not totally overwhelmed. Some parents even seek help from teachers or social workers.

Have you considered to be your child's "emotional coach"? By taking matters into your own hands, you can teach your child how to express their emotions verbally instead of resorting to throwing a tantrum or crying. By following these three simple steps, you can help your child recognise his own emotions and learn to articulate them, ultimately leading to better emotional regulation and fewer outbursts.

Step 1:

First, parents need to be aware of their own emotions, understand different forms of emotions and their vocabulary, and learn to share their feelings with others. Understanding your child's age and developmental needs will help provide appropriate emotional education and support for them.

For example, children aged 3-4 may have problems with pronunciation and can only express themselves in simple sentences. Their abstract reasoning are developing, so they can only comprehend straightforward messages and provide concrete answers. Therefore, parents could use simple words and phrases to help children express their emotions and needs.

For 4 to 6-year-old, speech is clearer and more fluent, and they can manage sentences and grammar better. They also begin to use basic logic to understand events and their causes. Consequently, parents could employ richer emotional descriptions and guide children in articulating their feelings and their origins.

Step 2:

When your child is experiencing emotions, seize the moment to understand his feelings and needs, as well as the source of those emotions. Help or guide him to express his emotions or needs.

For instance, you might say, "You just shouted and hit the table (behaviour) because you were worried about not finishing your homework (emotion and source), right?"

Step 3:

Establish a daily timeslot for "emotional talk" routine with your child, such as during dinner or bedtime. Spend at least 10 minutes each day sharing the day's events and feelings. Through this timeslot, you can help your child learn how to express his emotions. Keep a journal to record these discussions as an "emotional talk" diary. You can periodically review this diary with your child to reinforce their emotional learning.

While the "three-step" approach may seem straightforward, it encompasses a wealth of knowledge and skills, including understanding children's developmental stages in language, emotion, and cognition, as well as parents' emotional sensitivity and communication techniques. To effectively become your child's "emotional coach", it is essential to equip yourself with the necessary tools to nurture an emotionally stable child who can articulate his feelings.

Child Protection Institute offers emotional education workshops for parents and students in schools, as well as professional courses for social welfare, education, and healthcare professionals, such as "Identifying and Handling Suspected Child Abuse" workshops and "Assessing Child Abuse Crisis and Intervention Techniques" certificate courses. These courses are conducted in Cantonese. If you are interested, please feel free to reach our institute at 2351 6060.

Kolla Kwan
Service Manager (Chuk Yuen Centre)

Summary of Major Activities for October to December 2024

Month	Project/Title	Activity
November	Annual Press Conference and Annual General Meeting	<ul style="list-style-type: none"> The 45th Annual Press Conference and Annual General Meeting on 14 November
December	Flag Day	<ul style="list-style-type: none"> Care for Children • Build a Brighter Future N.T. Region Flag Day on 21 December
	Kids' Dream	<ul style="list-style-type: none"> Annual Retreat Camp on 7 and 8 December Christmas Party on 27 December
October to November	Parent-child Support Line	<ul style="list-style-type: none"> Minibus Body Advertising from 1 October to 29 November HK Discuss Advertising from 2 to 8 October Posters Advertising at Public Housing Estates under Hong Kong Housing Authority from 15 to 28 November ACA Leaflet and Information Cards mailed to HK Kindergartens and Primary Schools in November
October to December	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> Children Leisure Corner – Handicraft and Cooking Activities on 10, 18, 25 October, 1, 8 and 29 November Parent Leisure Corner – Handicraft and Cooking Activities on 15, 22 October, 12, 26 November, 3 and 17 December Visiting Ocean Park on 2 November Volunteer Gathering on 19 November
	Play Connect Happy Growth Positive Parenting Project	<ul style="list-style-type: none"> Parent-child Playgroup (for 12-18 Months Old Toddlers) on 14, 16, 21, 23, 28, 30 October, 4 and 6 November Parent-child Playgroup (for 18-24 Months Old Toddlers) on 18, 25 October, 1, 8, 15, 22, 29 November and 6 December Pre-school Adaption Playgroup (for 20-30 Months Old Toddlers) on 18, 20, 25, 27 November, 2, 4, 9 and 11 December Parent-child Christmas Party on 13 December Parents Stress Management Workshop on 18 December Parents Positive Parenting Workshop on 23 December
	Project Illuminating	<ul style="list-style-type: none"> ACA Illuminating Caregivers Workshop Roadshow (I) – Chinese Medicine Dietary Therapy Talk on 18 October, 22 November and 11 December Caregivers Mutual Help Groups (I) – Living Arts on 25 October, 1, 8, 15, 22 and 29 November The Illuminating Academy (I) – Floriculture Group for Caregivers on 13, 20, 27 November, 11 and 18 December Mental Health-related Activities for Children and Adolescents (I) and (II) – Room Escape and Outdoor Challenges on 1 December Caregivers Mutual Help Groups (II) – Relaxing Handicraft Group on 5, 12, 19 December Shine on You Parent-child Activities (I) and (II) – Organic EcoPark Exploration and Barbecue Activity on 15 December
	Child Abuse Treatment Corner	<ul style="list-style-type: none"> Stress Management Group for Parents with Depressive Features (III) on 7, 14, 21, 28 October, 4, 11, 25 November and 9 December Batterer Intervention Therapeutic Group for Parents (III) on 16, 23, 30 October, 6, 13, 20, 27 November and 4 December Parent-child Activity (IV) – Visit Hong Kong Ocean Park on 2 November Parent-child Play Workshop (IV) – Relaxation Paradise on 4 and 11 November Positive Parenting Training Course (VII) – Messy Play on 6 and 13 November Positive Parenting Training Course (VIII) – Free Play for Kids to Enjoy on 23 November Parents Talk – Be Authoritative Parents on 30 November Volunteer Advanced Training (V) – Christmas Party on 7 December Parent-child Activity (V) – Christmas Party 2024 on 7 December





Month	Project/Title	Activity
-------	---------------	----------

October to December	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Family Sharing Forum 1. My Harmonious Family on 19 October 2. Christmas with Bless My Home on 14 December • Orientation and Training for New Volunteers on 25, 31 October and 1 November • Volunteer Training and Gathering on 30 November • Activity Volunteer Training on 6 December
---------------------	--	---

Good Parents'
Networking Project

- Parents Chill Club
- 1. Make Your Own Lip Balm on 17 October
- 2. Homey Hair Cutting on 18 October
- 3. Bear Night Light DIY on 25 October
- 4. Hand Cream DIY on 19 November
- 5. OH XMAS TREE on 27 November and 4 December
- 6. Make Up Workshop on 10 and 17 December
- Child Activity – Autumn Magicians on 19 October
- Parent-child Activity
- 1. "Give Me 5" Parent-child Fun Day on 26 October
- 2. Happy Trip to Ocean Park on 2 November
- 3. Easy Cake, Easy English on 23 November
- 4. Beloved Xmas Tree on 30 November
- 5. Merry Xmas on 15 December
- 6. Go Yakult! on 27 December
- Good Parent Training on 5, 7, 12, 19, 26, 28 November, 3, 5, 10 and 12 December
- Trainers' Gathering on 21 November
- Mindful Snack and Birthday Celebration (July to December) on 9 December
- Chinese Medicine Sharing: Be Healthy on 11 December



Chuk Yuen Centre Family Corner

- ISF Volunteer Training on Protecting Children from Maltreatment on 15 October
- Love Builds Up: Parent-child Craft Workshop on 19 October
- Parents' Tea Gathering on 28 October, 18 November and 16 December
- Committee Meeting on 29 October, 26 November and 17 December
- We Connect Positive Parenting Group on 12, 19, 26 November, 3, 10 and 17 December
- Change Your Words, Change Their World Parents Sharing Session on 16 November
- Wellness through Traditional Chinese Medicine: A Guide for Childcare Givers on 22 November
- Little Magician's Adventure on 23 November
- Every Family Has Its Easy-to-Read Scriptures Street Station on 27 November
- Parent-child Story Art Time on 11 December
- Birthday Party (October to December) on 14 December

Healthy Start
Home Visiting Project

- Volunteer Training (Breastfeeding) Course on 19 and 26 October
- Visiting Hong Kong Ocean Park on 2 November
- Child Rearing Lesson for New Parents on 30 November and 7 December
- Nurturing Kids in Nature and Wild Parent Talk and Baby Birthday Party on 14 December

Month	Project/Title	Activity
November to December	Child Protection Institute	<ul style="list-style-type: none"> • Tsuen Wan District Joint School Teachers' Development Day: Identification and Handling of Suspected Child Abuse Cases on 6 November • Evangel Seminary: Understanding the New Child Protection Legislation on 30 November • Parent Talk on Managing Child's Emotions on 13 December • Workshop on Identification and Handling of Suspected Child Abuse Cases on 16 and 20 December
	Daylily Project for Young/Single Mothers	<ul style="list-style-type: none"> • Carnival 2024 on 2 November • Family Sharing Forum <ol style="list-style-type: none"> 1. T.A.L.K. LOL Party on 16 November 2. 903 All Star Basketball Game Viewing Day on 23 November 3. Toddler's Christmas Party on 7 December 4. Positive Parenting Workshop & Children's Christmas Party on 14 December • Volunteer Gathering and Training (I) Idea Generation for Providing Diverse Support to Families In Need & (II) Xmas Party Planning on 30 November
	Joyful Kids Group	<ul style="list-style-type: none"> • Training Session for Children Service on 9 November • Christmas Love Action on 14 December

Forthcoming Events for January to March 2025



Month	Project/Title	Activity
January	Good Parents' Networking Project	<ul style="list-style-type: none"> • Love Our Children Child Protection Carnival on 11 January • Good Parents Committee Gathering on 16 January
March	Sharing Forum	<ul style="list-style-type: none"> • 2025 Professional Forum on Child Protection: Trauma Informed Care in Child Protection on 28 March
	Parent-child Support Line	<ul style="list-style-type: none"> • Advertising at Facebook in March • Posters Advertising at Public Housing Estates under Hong Kong Housing Authority in March
January to February	Bless My Home Forever Volunteer Home Visitation Project	<ul style="list-style-type: none"> • Orientation and Training for New Volunteers on 9, 16 January, 26 and 28 February • Healthy Home X Lunar New Year Party on 25 January
January to March	Child Protection Institute	<ul style="list-style-type: none"> • Parent Talk on Positive Parenting: Stop Using Corporal Punishment on 10 and 22 January • Child Protection Simulation Training Course on 18 January • Workshop on Identification and Handling of Suspected Child Abuse Cases on 26 February • Parent Talk on Cultivating Children's Self-Discipline on 28 February • Parent Workshop on Sex Education in Families on 13 March
	Tuen Mun Centre Family Corner	<ul style="list-style-type: none"> • Parent Leisure Corner – Handicraft and Cooking Activities on 7, 14 January, 11, 18 February, 18 and 25 March • Children Leisure Corner – Handicraft and Cooking Activities on 10, 17, 24 January, 14, 21 and 28 March

Month

Project/Title

Activity

January to March

Play Connect Happy Growth
Positive Parenting Project

- Parent-child Playgroup (for 12-18 Months Old Toddlers) on 2, 3, 6, 8, 10, 13, 15 and 17 January
- Parents Workshop on Building Harmonious Relationships with Children Through Play on 14, 15 January and 15 February
- Parent-child Playgroup (for 18-24 Months Old Toddlers) on 2, 13, 20, 27 February, 6, 13, 20 and 27 March
- Pre-school Adaption Playgroup (for 20-30 Months Old Toddlers) on 3, 5, 10, 12, 17, 19, 24 and 26 February
- Parents Stress Management Workshop on 18 March
- Parents Positive Parenting Workshop on 25 March



Child Abuse Treatment Corner

- Batterer Intervention Therapeutic Group for Parents (IV) on 6, 10, 13, 17, 20, 24 January, 7 and 10 February
- Stress Management Group for Parents with Depressive Features (IV) on 7, 14, 21 January, 11, 18, 25 February, 4 and 11 March
- Parents Talk – Be Authoritative Parents on 8, 14, 15 January, 22 and 27 March
- Volunteer Training (I) on 9 and 16 January
- Children Therapeutic Group (IV) on 12, 19, 26 February, 5, 12 and 19 March
- Volunteer Advanced Training (II) on 21 February
- Batterer Intervention Therapeutic Group for Parents (V) (Session 1-4) on 10, 17, 24 and 31 March

Daylily Project for
Young/Single Mothers

- Happy Family Lunar New Year Party on 18 January
- Just Chill Out on 24 January and 1 March
- Volunteer Training on 26 February
- Volunteer Gathering with Families: Project Review and Sharing on 15 March

Chuk Yuen Centre Family Corner

- Chinese Calligraphy: Words of Wellness on 6 January
- Chinese Calligraphy: Words of Blessings on 14 January
- Joyous New Year Family Fun on 18 January
- Parents' Tea Gathering on 20 January, 24 February and 31 March
- Committee Meeting on 21 January, 25 February and 25 March
- Family's Nature Playtime on 9 February
- Birthday Party (January to March) on 8 March
- Service Users' Gathering 2024-2025 on 22 March

Healthy Start Home
Visiting Project

- Practical Sharing Session of Post-natal Care Support Service on 4 January
- Volunteer Training: Play and Development for Infants and Toddlers on 11 January
- Picture Book Fun Time for Families on 12, 19, 26 February and 5 March
- Volunteer Retreat on 15 February
- The More You Give, the More You Glow: Family Sharing and Volunteer Awards Ceremony on 15 March

Joyful Kids Group

- Volunteer Service
 1. Supporting Children in Conflict Zones on 11 and 25 January
 2. Parent-child Fun Day of Social Welfare Department on 18 January
 3. Visit the Elderly on 22 February
- Volunteer Sharing and Award Ceremony on 22 March

February to March

45th Anniversary Event

- Child Protection Starts with You – ACA x Squly and Friends "Child Protection Moving Campaign" on 21, 22, 23, 28 February, 1 and 2 March

The 45th Annual Press Conference, Annual General Meeting, and Annual Dinner

On 14 November 2024, ACA held the 45th Annual Press Conference at the Kwai Chung Centre. Our Director, Ms Donna Wong, presented the critical service priorities and statistical figures for 2023/24. She highlighted that the "Mandatory Reporting of Child Abuse Ordinance" will officially be implemented in January 2026, with the sector currently working full-steam in preparing for this significant milestone in child protection. Our Agency remains steadfast in its mission to safeguard children and will continue to exert great effort. We call upon all sectors of society to work together to ensure that the reporting mechanism protects children and prevents further heartbreaking incidents. During the press conference, various recommendations for enhancing child protection were presented, urging the community to pay greater attention to this vital issue. Additionally, our volunteer shared cases from the Daylily Project for Young/Single Mothers at the Press Conference.



Following the Annual Press Conference, our Annual General Meeting and Dinner at the Pacific Club in Tsim Sha Tsui, was attended by 103 guests. We were honoured to have Mr Chris Sun, JP, Secretary for Labour and Welfare to be our guest of honour. We also extend our gratitude to our Patron, Professor Ian Grenville Cross GBS, SC, and the friends from the Hospital Authority, the Hong Kong Police Force, Against Child Abuse (Macau) Association, our funding bodies and partners for their presence.

Our Chairperson, Dr Patrick Cheung, Honorary Treasurer, Mr James Ng and Director, Ms Donna Wong, chaired the Annual General Meeting. They reviewed the ACA's development overview, financial status, and service statistics for 2023/24. In light of the current socio-economic environment, our Agency is facing financial pressure. Therefore, we will actively seek new opportunities and manage costs wisely in guiding the Agency through these challenging times.

During the meeting, Long Service Awards were presented to Honorary Treasurer Mr James Ng and Executive Committee Member Dr Anna Cheng in recognition of their years of dedicated service. We also awarded Ms Catherine Leung, an ACA staff member, for her commitment and support over the past years.

We like to express our heartfelt gratitude to all Executive Committee Members, professional advisors, sponsors, partners, compassionate businesses, and volunteers. Your selfless dedication and support allow our agency to successfully carry out its work and services. We look forward to continue working together to protect children and spread the message of love to every family in need.

Pearl Lee
Senior Administration Manager



Good Parents' Networking Project

Sponsored by Fu Tak Iam Foundation Limited



The Good Parents' Networking Project provides parenting education activities for families in the Kwai Tsing District. Through the efforts of positive parenting training courses and parent-child activities, the project aspires to strengthen parent-child communication, foster family harmony, and create a spirit of mutual aid in the community.

The programme organised a good-parenting course from 5 November to 12 December 2024. The aim is to enhance parents' parenting skills and strengthen their mutual support network through classroom learning, sharing, and practical exercises. Additionally, various parent-child activities were held at the Kwai Chung Center on 26 October, 23, 30 November, and 15 December 2024. These activities included "Give Me 5" Parent-child Fun Day, Easy Cake Easy English Cooking Class, Beloved Xmas Tree Workshop, and Activity celebrated Christmas. Participating families not only had joyful moments together, they had the chance to have their understanding and trust in each other enhanced.

Besides indoor activities, the programme arranged visits to Ocean Park and the Yakult factory on 2 November and 27 December 2024 respectively, allowing parents and children to relax while creating more beautiful memories and strengthening family bonds.



Regarding parent activities, we held a series of relaxing workshops for parents on 17, 18, 25 October, 19, 27 November, 4, 9, 10, 11 and 17 December 2024. These included Parent Chill Club with activities Make Your Own Lip Balm, Homey Hair cutting, Bear Night Light DIY, Hand cream DIY, OH XMAS TREE Workshop, Mindful Snack and Jul-Dec Birthday Celebration, Make Up Workshop, and Chinese Medicine Sharing: Be Healthy. During these gatherings, parents learn new knowledge and skills of interest, and share parenting experiences with other parents, forming a mutually supportive community. Such interaction helped parents meet like-minded new friends, enabling them to feel less isolated and inspiring them to find solutions to parenting challenges. The successful execution of these activities relied on the support and assistance of parent volunteers. These dedicated parent volunteers actively shared their expertise and experiences, enriching and streamlining the entire process. We thank the parent volunteers for their contributions, which have made the parent activities more vibrant and engaging, promoting communication and collaboration among parents.

On 19 October 2024, the program held a Child Activity – Autumn Magicians. Under the guidance of volunteer instructors, children learned various fun magic tricks using simple props such as books and ropes. Learning magic requires full concentration to remember each step and detail, which helps cultivate their focus.

Mia Cham
Project Social Worker



Child Abuse Treatment Corner

Sponsored by Fu Tak Iam Foundation Limited



The project serves pregnant women and families with children aged 0-5 in Kwai Tsing District. Trained volunteers with parenting knowledge conduct home visitation regularly to provide emotional support and parenting suggestions.

Parent-child Relaxation Paradise

On 4 and 11 November 2024, a parent-child massage workshop was held at the Kwai Chung Centre. We invited infant massage instructors, Ms Tang, from the Hong Kong Federation of Women's Centres to conduct two experiential workshops for families with children aged 1 to 3. Parents learnt massage techniques and enjoyed meaningful physical connections with their children, enhancing intimacy and well-being. For many participating families, this marked their first experience with infant massage. They expressed that this event was a unique and valuable experience, standing in stark contrast to their typical routines of caring for their young ones.

Positive Parenting X Messy Play

The programme has organised Positive Parenting X Messy Play for families with toddlers on 6 and 13 November 2024. The workshop led by Ms Fiona Kwong, a programme volunteers qualified in early childhood education. Parents learnt the developmental needs of young children and the significance of sensory exploration. Guided by the instructors, children had the opportunity to explore and interact with various materials under a safe environment, promoting sensory stimulation and enhancing the sensitivity of their five senses.

Christmas Party 2024

The programme received sponsorship from the DTFU Charity Foundation to organise a Christmas party for parents and children on 7 December 2024. Families went to an indoor playground to enjoy the facilities and participated in a lucky draw session. The event featured a parent-child Christmas card design competition, showcasing the creativity of families. Participants expressed that the activity broadened their children's life experiences and provided an opportunity for the entire family to relax and enjoy quality time together.

Mirance Wong
Project Social Worker



“Play Connect Happy Growth” Positive Parenting Project

Sponsored by Save the Children Hong Kong



“Play Connect Happy Growth” Positive Parenting Project focuses on enhancing children’s developmental abilities through sensory and free play, meanwhile helping parents develop positive parenting skills. From October to December 2024, eight Parent-child Messy Play sessions were held for children aged 18 to 24 months. Each sensory tray was themed, such as a farm, ocean, or snowfield, by featuring different tactile materials and animal models that allowed children to explore and experience a variety of textures. The design helped children learn about animals and their habitats through playing. For example, a sensory tray with a farm theme was created using materials like oatmeal, soybeans, and millet. Initially, all the materials were dry, but when water was added during the game, the oatmeal became sticky and released a fragrance, allowing children to experience changes in texture and enjoy olfactory stimulation.

Messy Play emphasises child-led exploration, encouraging parents to let their children explore independently. At first, some parents participating in the sessions found it hard to resist the urge to wipe their children’s hands when they were playing or to ask their children to imitate their peers. However, after some reminders, parents gradually learned to take a step back, allowing their children to play freely. If children showed resistance to a certain texture, parents would not force them to engage with it. In the Messy Play sessions, parents played an important role as observers and shared their observations about their children at the end of each session, helping them discover their children’s personality traits and understand aspects of their children’s daily lives which they had previously overlooked.



Michelle Wong
Project Social Worker

Bless My Home Forever Volunteer Home Visitation Project

Sponsored by the Community Chest of Hong Kong



The Project aims to support families living in the Sham Shui Po District. Through regular volunteer home visitations, sharing sessions, community education and parent-child outings, the project helps participating families foster a desirable environment in which children can grow up in. They learn knowledge and skills in strengthening positive parenting, children’s safety, community resources and ways to enhance parent-child relationships.

We held the Bless My Home in Christmas on 14 December 2024. On that day, 16 Independent Commission Against Corruption (ICAC) volunteers celebrated Christmas with the project families. The parent-child games included sports elements to encourage parents to exercise more with their children, promoting physical and mental health while enjoying the games.

One of the highlights of the event was, Family Role Exchange, where parents and children switched their roles. The parents’ tasks included studying and taking examinations, while the children’s tasks included doing household chores and other duties. This game helped both parties understand and empathise with each other better.



Parents and children were very engaged and excited throughout the event. To help families and volunteers capture the joyful moments, photography volunteers helped to capture wonderful moments during the activities. Overall, families and volunteers shared that the event provided them and their children with a delightful morning.

Yan Yu
Social Worker

Daylily Project for Young / Single Mothers

Sponsored by the Community Chest of Hong Kong



The Daylily Project aims at supporting young or single mothers in their self-development, emotional needs, childcare practices, and in building up a rich social network.

From October to December 2024, we organised a series of activities. We aimed at promoting interaction among families, fostering volunteer cohesion, and raising public awareness.

First, we held the Carnival 2024 on 2 November, promoting positive family messages and ACA services to the public. The event featured various game booths, and was created in collaboration with volunteers from the ICAC and the Red Cross. The carnival attracted over 2,000 participants, allowing the public to learn positive parenting and increase awareness of Daylily Project.

Next, on 16 November, we participated in the "T.A.L.K. LOL Party" organised by the Hong Kong Police Force. Nearly 20 families attended the opening event, "Love Our Children Yoga Challenge", for which ACA received the Most Active Participation award. Families enjoyed positive interactions during the activities, gaining a great experience that further strengthened their bonds.

Thanks to the sponsorship of 903 All Star Basketball Game's tickets from Purdori on 23 November, allowing families to experience the excitement of the live match. This event not only enhanced family gatherings but also created wonderful memories for everyone involved.

Following this, on 30 November, we held an autumn gathering and volunteer training. This friendly gathering allowed participants to enjoy the fun of a barbeque meanwhile sharing insights from others' home visits. Participants discussed how to provide diverse support to families in need, further enhancing interaction and cohesion among volunteers. They expressed high satisfaction, noting that opportunities for such sharing and communication were rare and therefore invaluable. They looked forward to similar events in the future.

On the first and second weekend of December, we hosted two family sharing sessions: the Toddler Christmas Party and the Children's Christmas Party. This marked our first toddler's Christmas party. It was filled with excitement and anticipation. Participants were engaged in handicraft activities. Participating parents and children were encouraged to express appreciation and praise for one another. During the Children's Christmas Party, participants took part in role-exchange games, fostering empathy among families. The day also featured a Christmas feast and a raffle draw. The participants had a memorable Christmas.

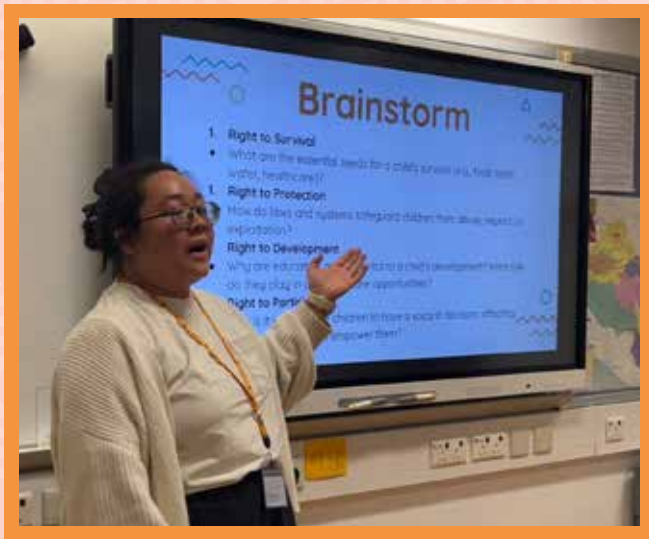
These activities not only strengthened connections between families but also enhanced community cohesion, enabling everyone to enjoy wonderful moments together.

Winnie Ng
Social Worker



Kids' Dream

Against Child Abuse in collaboration with Hong Kong Committee on Children's Rights (supported by the Save the Children Hong Kong)



Kids' Dream is the first child-led organisation in Hong Kong. It was developed and supported by ACA and the Hong Kong Committee on Children's Rights.

November 2024 Activities

Kids' Dream recently engaged with students at ISF Academy through a variety of activities aimed at introducing them to Children's Rights. The activities focused on helping students understand the 4Rs of children's rights: the right to survival, the right to protection, the right to development, and the right to participation, along with the 3Rs of rights, responsibilities, and respect. One of the activities involved a card game that distinguished between "wants" and "needs." This allowed students to share the values of the cards they prioritised and to collaborate with their peers in making choices, embodying the principles of the 3Rs. The program also encouraged students to adopt the perspectives of parents, children, the majority, and minorities to discuss various scenarios. Initially, their understanding of children's rights was limited, but through several sessions, they gradually gained insights into these rights

and learned to consider them from multiple angles while weighing the pros and cons. Despite their young age, the students demonstrated surprising maturity and unique perspectives during role-play and scenario discussions. Their insights were truly commendable and worthy of encouragement.

December 2024 Activities

Kids' Dream held a Retreat Camp from 7 to 8 December at HKFYG Sai Kung Outdoor Training Camp. Ten members joined the activity, to review and consolidate their experience from the 2023-24 activities. Kids' Dream would have a Christmas Party at the Hong Kong Committee on Children's Rights, and we look forward to more inspiring events in the coming year.

Cynthia Cheng
Social Worker

Katherine Wan
Service Manager (Tuen Mun Centre)

Parent-child Support Line

Sponsored by Fu Tak Lam Foundation Limited

ACA Parent-child Support Line continues to provide Support Line service to support families in crisis, prevent child abuse, promote child protection, and spread positive parenting messages to parents, children, teenagers, professionals and the general public. With the continuous changes in the social environment, parents are facing increasing mental stress and challenges in taking care of their children. We regularly promote our hotline service at ACA website, Facebook and Instagram, aims at raising awareness and encouraging children and parents in need to seek help.

Also, we conducted a series of service promotion and advertising campaigns in October 2024. We have placed advertisements on Minibus body and HK Discuss website for service promotion. Furthermore, we placed posters at Hong Kong Housing Authority Public Estates to promote our service in November 2024. At the same time, we had sent positive parenting tips information cards to promote our Agency services to all kindergartens and primary schools in Hong Kong to raise the public awareness and encourage people in need to proactively seek help.

Parent-child Support Line:

2755 1122

Service:

9:00a.m. - 9:00p.m.
(Monday to Friday)

9:00a.m. - 1:00p.m.
(Saturday)

Yvonne Wai
Project Officer

The Hong Kong Jockey Club Community Project Grant - Healthy Start Home Visiting Project

Sponsored by the Hong Kong Jockey Club Charities Trust



The project intend to provide support to pregnant ladies and infants. Through regular home visitations, the anxiety and stresses of the families are addressed. Pre- and post-natal general health care and child care knowledge, and community resources are introduced. Positive parenting techniques are fostered.

Volunteer Training (Breastfeeding) Course

The program successfully completed a series of four volunteer training sessions on breastfeeding on 19 and 26 October with a total of 17 volunteers participating. We were happy to invite the Lactation consultant from Baby Friendly Hospital Initiative HK to be our trainer. The training covered topics such as the benefits of breastfeeding, feeding positions and techniques, postpartum dietary knowledge, and sharing of community resources. Volunteers expressed that through practical exercises and role-playing, they gained a deeper understanding of the challenges faced by families. This would help the volunteers provide better support to families they served.

Visit to Hong Kong Ocean Park

On 2 November, we organised the Visit to Hong Kong Ocean Park, with a total of 80 participants in attendance. Parents and their young children visited exhibits such as the Grand Aquarium. They enjoyed various facilities in the park. They thoroughly enjoyed sharing delightful times bonding with their children.

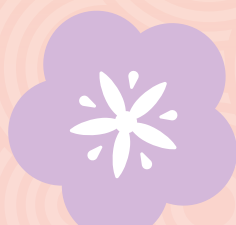
Child Rearing Lesson for New Parents

On 30 November and 7 December, the program held the Child Rearing Lesson for New Parents again, attended by 24 new parents in attendance. Social workers provided an overview of key aspects of newborn development and essential prenatal preparations, while trained postnatal care volunteers demonstrated infant care techniques. The course offered baby dolls and related supplies for expectant parents to practice on-site. Participants expressed that the course was highly practical and gave them greater confidence in caring for their newborns.

Nurturing Kids in Nature and Wild Parent Talk and Baby Birthday Party

Finally, on 14 December, we held the second Parent talk and Baby Birthday Party of the year at Ho Ngai College (Sponsored by Sik Sik Yuen). A total of 28 families attended. We invited Ms. Cheng Pui Shan (Ah Ngau) to host the parent talk. She shared her experiences of incorporating elements of natural education into parenting, highlighting the benefits of a natural environment for children's growth. After the seminar, we organised a birthday party for the infants and toddlers in the project. Parents and children participated in games together, while volunteers shared delicious vegetarian food with the families, celebrating the birthday in a joyful atmosphere.

Yeung Sze Nga
Project Social Worker



Joyful Kids Group – Child Development Group



Joyful Kids is a group formed by children aged 7 to 17 and some young volunteers. In order to facilitate personal growth and development of children and youth, the group provides training and voluntary services to help members unleash their full potential.

On 9 November, mentors of the Joyful Kids Group gathered to prepare for the upcoming Christmas outreach activity and learned how to make a special treat - maple syrup pancake burgers. Throughout the process, the mentors demonstrated thoughtfulness and dedication toward their service recipients. From planning the activity and purchasing ingredients to cooking, they showed great initiative, collaboration, and enthusiasm, reflecting their genuine commitment to the preparation of the service.

brothers and sisters, enhancing group cohesion and fostering communication and collaboration within their teams. Following the games, members learned about "Love Language" and created Christmas ornaments for their families, encouraging them to express love during the festive season. As a thoughtful touch, the mentors presented their carefully crafted maple syrup pancake burgers to the members as Christmas gifts.

Yeung Sze Nga
Project Social Worker

Chuk Yuen Centre Family Corner



Chuk Yuen Centre Family Corner brings together the power of volunteers to promote positive parenting in the community through diverse activities.

On 19 October 2024, with the support of Effort Plus Workshop, the Family Corner held two "Love Builds Up" Parent-child Craft Workshops. The workshop encouraged parents and children to create art pieces that were related to "home". The workshop attracted 21 pairs of parent-child, and they created unique art pieces. Their art pieces were exhibited in an art exhibition organised by Effort Plus Workshop from 1 to 8 December 2024, which helped promote the message of harmonious families in the community.

gatherings, it could be observed that parents had gradually formed a support network. At the tea gathering in November 2024, one of the participants took on the role of a mentor to share how to make the Marshmallow Biscuit with other participants. Everyone enjoyed the process of making biscuits and all of them loved the taste. This process of mutual learning provided a sense of satisfaction for each parent, allowing them to recharge and continue working hard for their families!

Mandy Ma
Social Worker



Project Illuminating

Sponsored by Dr Patricia Ip Foundation Fund

In recent years, the mental health of children and their caregivers has always been a concerning issue in the community. We have released a 2-year project - "Project Illuminating (PI Project)", which aims at showing concern for the mental health of caregivers and children. The project provides knowledge and trainings about mental health wellbeing and positive parenting skills, which enhances parent-child relationships and promotes the public awareness and understanding towards mental health through activities such as mental health promotion workshops, caregiver groups and mental health-related activities for children and adolescents etc.



The Mental Health-related Activity for Children and Adolescents - Escape Room and Beach-tracing Activity was held on 1 December with 31 children and youths joining the activity. Participants engaged in the Room-Escaping Activity in Repulse Bay in teamwork setting, and they had to collaborate with each other to resolve the riddles in the room to break free. Participants then had an outdoor picnic at noon. They took a break from academic stress to enjoy the weekend time with their teammates. In the afternoon, participants were given different tasks to complete as a team, where they collaborated and communicated with each other to overcome the challenges. Participants shared that they realised the importance of teamwork collaboration and effective communication. Workers found that the participants were fully engaged in the activity, did their best and completely utilised their unique traits to achieve the goals.

Lam Mei Yin
Project Social Worker

Acknowledgement: Services funded by
"Dr Patricia Ip Foundation Fund"

"Care for Children • Build a Brighter Future" 12.21 N.T. Regional Flag Day



Flag Day is a precious opportunity for us to promote the importance of child protection to the wider community. This year's Flag Day coincided with the Winter Solstice on 21 December 2024. We were blessed to see the enthusiastic participation of over 850 parent-child volunteers and flag station volunteers. Their compassion and active involvement on this special day were truly inspiring. Beyond selling flags, they helped spread our mission of preventing child abuse and protecting children in every corner of the community through their actions.

The event was filled with warmth and significance. Raised donations will be directly allocated to our services, including organising educational activities, providing support to families in need, and promoting child safeguarding services. These efforts will benefit more children and families, fostering a safer and more caring environment for their growth.

We sincerely look forward to seeing your participation again in our next Flag Day in the New Territories on 3 January 2026. Let's come together to continue spreading kindness and creating more positive energy in the community. Please continue to walk with us in the journey to safeguard more children in need!

Acknowledgement (in no particular order)

Ms Cheng Wing Sze, The Hongkong and Shanghai Banking Corporation Limited, Home Affairs Department, Tin Shui Women Association Limited, Asbury Methodist Social Service, MTR Corporation Limited, E-Digest, Sunday KISS, Yellow Bus, Squly and Friends, Network Technology Limited, Housing Authority, The "Star" Ferry Co., Ltd, Sun Ferry Services Company Limited

Summer Lin
Funding and Communications Manager